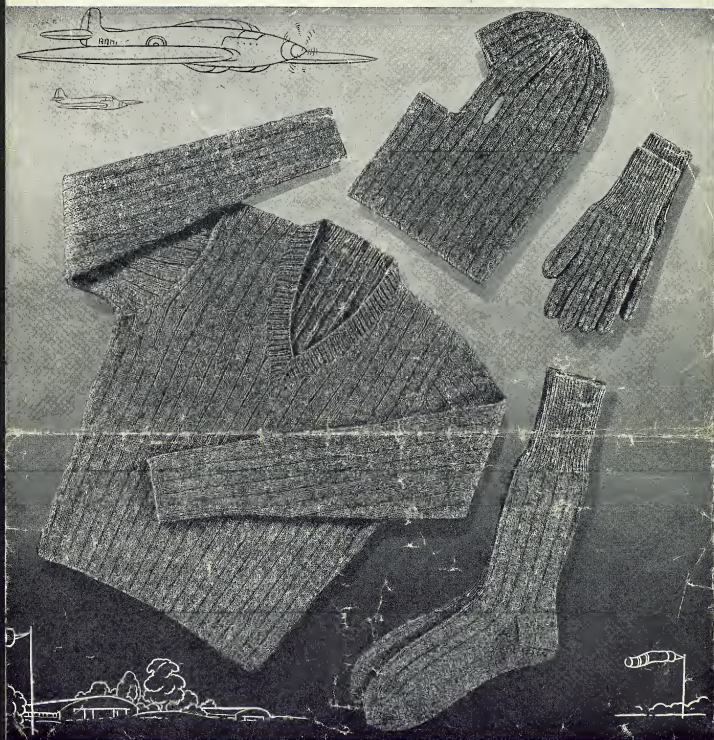


BAIRNS-WEAR No.
Femina Series 414

SERVICE WOOLLIES FOR THE AIR FORCE

3^D



BAIRNS-WEAR
Femina

BOTANY FINGERING WOOL

CAREFULLY CHECKED
INSTRUCTIONS

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4 PLY

Femina KNITTING INSTRUCTION LEAFLET

SERVICE WOOLLIES FOR THE AIR FORCE

All the men of the R.A.F. need woollies whether on ground work or flying. The V necked pullover is the most suitable style with their uniform, the helmet has the necessary ear slits, gloves and socks are simple and serviceable.

THE PULLOVER

MATERIALS.

10 ozs. Femina Botany Fingering, 4-ply, Air Force Blue.

2 No. 8 and 2 No. 10 Shephard's Knitting Pins.

MEASUREMENTS.

To fit 36 to 38 inch chest measurement.

Length from shoulder 21½ inches.

Sleeve seam 20½ inches.

ABBREVIATIONS. K.=knit, p.=purl, st.=stitch, tog.=together, p.s.s.o.=pass the slipped stitch over.

TENSION. 6½ sts. to 1 inch.

THE FRONT. Cast 112 sts. on No. 10 pins and work as follows:

1st row. Slip 1 knitways, k. 2, * p. 1, k. 4, repeat from * to the last 4 sts., p. 1, k. 3.

2nd row. Slip 1 knitways, p. 2, * k. 1, p. 4, repeat from * to the last 4 sts., k. 1, p. 2, k. 1. Repeat these 2 rows for 5 inches. Change to No. 8 pins and, keeping the ribbing correct, increase 1 st. at both ends of the 7th and every following 8th row until there are 122 sts. Continue on these sts. until the work measures 12½ inches from the commencement, ending with a row on the wrong side. Here commence the armhole and neck shapings: Cast off 5 sts. (counting the st. on the right hand pin) rib 54 sts., k. 2 tog., turn: Continue on these sts., keeping the ribbing correct and knitting 2 sts. tog. at the armhole edge on every row, at the same time knitting 2 sts. tog. at the neck edge on every 2nd row until 40 sts. remain. Now keep the armhole edge straight and continue to decrease at the neck edge on every 4th row instead of every 2nd row, until 27 sts. remain. Continue in rib on these sts. until the work measures 21 inches from the commencement, ending at the armhole edge. Cast off 7 sts. 3 times and 6 sts. once for the shoulder. Join in the wool at the neck edge and rib across the remaining 61 sts. Complete to match the first side.

THE FRONT NECK BAND. Using No.

10 pins and with the right side of the work facing, commence at the neck edge of the left shoulder and knit up 64 sts. evenly as far as the V point, then knit up 64 along the other side. (128 sts.) Work as follows:

1st row. Slip 1 knitways, (k. 1, p. 1) 30 times, k. 1, (p. 2 tog.) twice, k. 1 (p. 1, k. 1) 30 times, k. 1.

2nd row. Slip 1 knitways, (p. 1, k. 1) 30 times, (k. 2 tog.) twice, (k. 1, p. 1) 30 times, k. 1.

Keeping the ribbing correct continue to decrease 2 sts. at the V point on every row until 108 sts. remain. Cast off in rib.

THE BACK. Work as given for the front until the under-arm is reached. Cast off 5 sts. at the beginning of each of the next 2 rows, then k. 2 sts. tog. at both ends of every following row until 92 sts. remain. Continue on these sts. until the armhole is the same depth as the front armhole. Cast off 7 sts. at the beginning of each of the next 6 rows, and 6 sts. at the beginning of each of the following 2 rows. Change to No. 10 pins and work in (k. 1, p. 1) rib on the remaining 38 sts. for 10 rows. Cast off in rib.

THE SLEEVES. Cast 57 sts. on No. 10 pins and work in rib as given for the front for 4 inches. Change to No. 8 pins and, keeping the ribbing correct, increase 1 st. at both ends of the 5th and every following 6th row until there are 97 sts. Continue on these sts. until the work measures 20½ inches from the commencement. To shape the top, cast off 5 sts. at the beginning of each of the next 2 rows, then k. 2 sts. tog. at both ends of every following row until 43 sts. remain. Cast off in rib.

Make a second sleeve in the same way.

TO MAKE UP. Press the work under a damp cloth with a hot iron. Join the side, shoulder and sleeve seams. Sew in the sleeves, placing seam to seam.

THE HELMET

MATERIALS.

3 ozs. Femina Botany Fingering, 4-ply, Air Force Blue.

Set of 4 No. 9 Shephard's Knitting Pins.

MEASUREMENTS.

Length from top to neck 16 inches.

Width when stretched 24 inches.

TENSION. 7 sts. to 1 inch (unstretched).

Cast on 145 sts. and arrange on 3 pins (47, 51, 47).

1st round. * K. 2, p. 1, k. 2, repeat from * to the end.

Repeat this round of (k. 4, p. 1) rib for 7 inches.

Next round. Rib 55, cast off 35 sts. in rib, rib

Femina KNITTING WOOLS FOR GROWN-UPS

EXCLUSIVE DESIGN AND SIMPLE INSTRUCTIONS

to the end of the round, then work across the first 55 sts. again, turn and work in rows on these 110 sts., thus:

1st row. Slip 1 knitways, p. 1, * k. 1, p. 4, repeat from * to the last 3 sts., k. 1, p. 1, k. 1.

2nd row. Slip 1 knitways, k. 1, * p. 1, k. 4, repeat from * to the last 3 sts., p. 1, k. 2.

Repeat these 2 rows once, then the 1st row once.

6th row. Slip 1 knitways, k. 1 (p. 1, k. 4) twice, turn and work in rib on these 12 sts. only for 2 inches, ending on the wrong side. Leave these sts., join in the wool where the sts. were left and work as follows: K. 2 tog., k. 3, (p. 1, k. 4) 15 times, p. 1, k. 3, k. 2 tog. (84 sts.) Turn and work on these sts. for 2 inches in rib, ending with a row on the wrong side. Join in the wool and work on the last 12 sts. in rib for 2 inches, ending with a row on the wrong side. Now work all the sts. on to one pin again, thus: Rib 12, increase in the first st., rib 82, increase in the last st. of the centre sts., rib across the last 12 sts. Continue in rows on these 110 sts. until the work measures 10 inches from the commencement, ending with a row on the right side. Cast 35 sts. on to the end of this row, transfer the sts. to 4 pins again and work in rounds of (k. 4, p. 1) rib for 3 inches, ending at the centre back of the helmet. Here shape the crown:

1st round. * K. 2 tog., p. 1, k. 2, repeat from * to the end. (116 sts.)

2nd round. * K. 1, p. 1, k. 2, repeat from * to the end.

Repeat the 2nd round 6 times.

9th round. * K. 1, p. 1, k. 2 tog., repeat from * to the end. (87 sts.)

10th round. * K. 1, p. 1, k. 1, repeat from * to the end.

Repeat the 10th round 4 times.

15th round. K. 1, p. 1, * k. 2 tog., p. 1, repeat from * to the last st., knit the last st. together with the first st. (58 sts.)

16th round. * P. 1, k. 1, repeat from * to the end.

Repeat the 16th round 4 times.

21st round. (K. 2 tog.) 29 times. knit 1 round plain.

23rd round. (K. 2 tog.) 14 times, k. 1.

Break off the wool, run a thread through the remaining sts., draw up and fasten off.

Do not press the work.

We cannot guarantee results where materials specified are not used.

THE GLOVES

MATERIALS.

2 ozs. Femina Botany Fingering, 4-ply, Air Force Blue.

Set of 4 No. 12 Shephard's Knitting Pins.

TENSION. 8 sts. to 1 inch.

Cast on 60 sts. and arrange evenly on three pins.

Work in rounds of (k. 1, p. 1) rib for 4 inches.

Next round. (Rib 2, increase in the next st.) twice, (rib 3, increase in the next st.) 12 times, (rib 2, increase in the next st.) twice. (76 sts.)

Following round. * K. 3, p. 1, repeat from * to the end.

Repeat this round for 2 inches.

Next round. Rib to the last 8 sts., place the last 8 sts. and the first 8 sts. from the first pin on to a piece of wool for the thumb, cast on 4 sts. Arrange these with the first 2 cast on sts. at the end of the third pin and the other 2 at the beginning of the first pin and work in rounds of (k. 3, p. 1) rib for 1½ inches.

1st finger. Rib 9, transfer the next 46 sts. on to a piece of wool, cast on 2 sts., rib the last 9 sts. Work in rib on these 20 sts. for 28 rounds.

Next round. * K. 2 tog., k. 1, p. 1, repeat from * to the end. (15 sts.) **2nd round.** Work in (k. 2, p. 1) rib.

3rd round. (K. 2 tog., p. 1) 5 times. (10 sts.) **4th round.** Work in (k. 1, p. 1) rib. Draw up and fasten off.

2nd finger. Rib the next 8 sts. from the piece of wool, cast on 2 sts., rib the last 8 sts. from the piece of wool, knit up 2 sts. where the sts. were cast on. Rib 32 rounds, then finish as given for the first finger.

3rd finger. Rib the next 8 sts. from the piece of wool, cast on 2 sts., rib the last 8 sts. from the piece of wool, knit up 2 sts. where the sts. were cast on. Work as given for the first finger.

4th finger. Rib the remaining 14 sts., knit up 2 sts., where the sts. were cast on. Rib 24 rounds.

Next round. * K. 2 tog., k. 1, p. 1, repeat from * to the end. (12 sts.) **2nd round.** Work in (k. 2, p. 1) rib.

3rd round. (K. 2 tog., p. 1) 4 times. (8 sts.) **4th round.** Work in (k. 1, p. 1) rib. Draw up and fasten off.

The thumb. Rib the 16 sts. that were left, then knit up 8 sts. where 4 sts. were cast on. (24 sts.) Rib 24 rounds. **Next round.** * K. 2 tog., k. 1, p. 1, repeat from * to the end. (18 sts.) **2nd round.** Work in (k. 2, p. 1) rib. **3rd round.** * K. 2 tog., p. 1, repeat from * to the end. (12 sts.) **4th round.** Work in (k. 1, p. 1) rib. Draw up and fasten off.

Make a second glove in exactly the same way.

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Femina KNITTING INSTRUCTION LEAFLET

THE SOCKS

MATERIALS.

4 ozs. Femina Botany Fingering, 4-ply, Air Force Blue.

Set of 4 No. 12 Shephard's Knitting Pins.

MEASUREMENTS.

Leg 15 inches Foot 11 inches.

TENSION. 8 sts. to 1 inch (unstretched).

Cast on 72 sts., arrange evenly on 3 pins and work 5 inches in (k. 1, p. 1) rib.

Next round. * K. 3, p. 1, k. 2, repeat from * to the end of the round.

Repeat this round for 2 inches, then shape the leg as follows:—

1st round. K. 2, k. 3 tog., k. 1, * k. 3, p. 1, k. 2, repeat from * to the end of the round.

Work the next 7 rounds, keeping the rib correct.

9th round. K. 1, k. 3 tog., * k. 3, p. 1, k. 2, repeat from * to the end of the round.

Work the next 7 rounds keeping the rib correct.

17th round. K. 3 tog., k. 2, p. 1, k. 2, * k. 3, p. 1, k. 2, repeat from * to the end of the round.

Continue in rib without further shaping until the work measures 12 inches from the commencement. To divide for the heel, knit across 17 sts. of the first pin, turn; purl these sts. and 16 sts. from the third pin. (33 sts.) Arrange the remaining 33 sts. on 2 pins for the instep and work on the heel sts. in alternate rows of plain and purl for a further 24 rows, ending with a purl row.

To turn the heel, k. 19, k. 2 tog., turn; p. 6, p. 2

tog., turn; k. 7, k. 2 tog., turn; p. 8, p. 2 tog., turn. Continue in this way, taking up 1 st. extra each time until all the sts. are on one pin again. (19 sts.) Knit 1 row plain. Knit up 14 sts. from the side of the heel on to this same pin, work in rib across the 33 sts. that were left for the instep on to the second pin, knit up 14 sts. along the side of the heel and 9 sts. from the first pin, which makes (24, 33, 23). Shape the instep as follows (keeping the 33 instep sts. in rib):

1st round. Knit to the last 3 sts. of the first pin, k. 2 tog., k. 1; rib the second pin; k. 1, slip 1, k. 1, p.s.s.o., knit to the end of the third pin.

2nd round. Work without decreasing.

Repeat the last 2 rounds 6 times. (66 sts.) Continue without further shaping, still keeping the rib correct on the second pin, until the work measures 7 inches from where the sts. were picked up at the side of the heel.

To shape the toe, knit to the last 3 sts. of the first pin, k. 2 tog., k. 1; knit to the last st. of the second pin, slip this st. on to the third pin, slip 1, k. 1, p.s.s.o., knit to the end. Work 1 round plain. **Next round.** Knit to the last 3 sts. of the first pin, k. 2 tog., k. 1; slip 1, k. 1, p.s.s.o., knit to the last 3 sts. of the second pin, k. 2 tog., k. 1; slip 1, k. 1, p.s.s.o., knit to the end. Repeat the last 2 rounds until 24 sts. remain. Knit the sts. of the first pin on to the end of the third pin. Graft or cast off together on the wrong side.

Work another sock in the same way.

THREE OTHER "FEMINA" SERVICE LEAFLETS



WASHING INSTRUCTIONS for Garments made from "Femina" Wools

Dissolve "Ino" soapflakes in boiling water and add the solution to luke warm water. Whisk vigorously into a good lather. Place the garment in the solution and squeeze well to remove dirt. Rinse twice through luke warm water. Squeeze as much water as possible out of the garment and do not twist the garment. Pull gently into shape and dry on a flat surface in a gentle heat or in the open air.

WARNING: Do not, under any circumstances, wash the garment in hot or boiling water.

IN CASE OF ANY DIFFICULTY, WRITE TO: PUBLICITY DEPARTMENT
BAIRNS-WEAR LIMITED, PERRY ROAD, NOTTINGHAM